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# University of Pretoria Yearbook 2018

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## Teaching and learning in sport 121 (YCS 121)

**Qualification** Undergraduate

**Faculty** [Faculty of Health Sciences](#)

**Module credits** 12.00

**Prerequisites** YCS 111

**Contact time** 3 lectures per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Biokinetics and Sports Science

**Period of presentation** Semester 2

### Module content

This module builds on the fundamental principles of sports coaching. It focuses on the processes and techniques of learning and teaching of skills within a sports paradigm. Methodological techniques as implemented by the coach in teaching and learning of sports skills are identified, discussed and applied. In this module the student gets the opportunity to obtain a Level 0/1 Sports Coaching certificate in a sport of choice.

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