

University of Pretoria Yearbook 2018

Teaching and learning in sport 121 (YCS 121)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 12.00

Prerequisites YCS 111

Contact time 3 lectures per week

Language of tuition Afrikaans and English are used in one class

Department Biokinetics and Sports Science

Period of presentation Semester 2

Module content

This module builds on the fundamental principles of sports coaching. It focuses on the processes and techniques of learning and teaching of skills within a sports paradigm. Methodological techniques as implemented by the coach in teaching and learning of sports skills are identified, discussed and applied. In this module the student gets the opportunity to obtain a Level 0/1 Sports Coaching certificate in a sport of choice.

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